



Kainuun sote



Family work

www.kainuu.fi

Family work

Professional family work is social work under the Act of Social Welfare (1301/2014,18 §). Family work includes discussion and guidance related to matters on parenting and a smooth everyday life. Family work supports enhancing family's functional ability and interaction skills. Family work is goal-oriented and structured, often aiming at supporting family's life skills and own resources and strengthening the ability of coping with everyday life.

The work is mainly conducted at families' homes. The work is confidential and its duration is determined according to family's needs. Meetings are planned in advance and mutually agreed with families.

The goal of family work is to offer families with children support as early as possible. It is not required to be a client at child welfare services to receive family services.

Family work can support for instance:

- parenting
- the growth and development of a child and a juvenile
- coping with everyday family life
- family members' interaction skills
- strengthening family's resources

The most important methods in family work are discussion and doing together. In addition to giving guidance and using modelling it is also possible to use various forms to evaluate family situation, cards, role maps and networking activities.

Family work emphasizes cooperation with parents. Family work may also include one-on-one working with a child in case it can support parenting and increase the family's capabilities.

How to apply for family work in Kainuun sote municipalities:

Service can be applied for by filling in e-form in omasote, filling in a printed form or contacting social worker at family work unit.

Applications and more information on Kainuun sote family work can be found at: <https://sote.kainuu.fi/perhetyo>

Paper form application will be delivered to the address:

Kainuun Sote / Perhetyö
Perhetyön sosiaaliohjaaja
Kajaanin perhekeskus
Lönnotinkatu 2 C, 87100 Kajaani

Family work social worker

tel. 044 797 4878

Information on family work can also be found at:

<https://thl.fi/fi/web/lapset-nuoret-ja-perheet/peruspalvelut/sosiaalipalvelut/perhetyo>