



Kainuun sote



Family work services in Kainuu

www.kainuu.fi

Family work services

- Provision of help and support for families with children to deal with the day-to-day: discussions, guidance, advice, simulation and cooperation.
- The objectives for the family work services are tailored for the families on case-by-case basis. The meetings with clients are recorded in the client information system and the work is based on mutual trust and confidentiality.
- Family work services are provided in collaboration with mother & child clinics, family counselling centres, day-care services, therapists and social workers.
- A need for family work services may arise as a result of problems related to the behaviour or school attendance of children, unexpected changes in the family circumstances or crises, substance abuse or exhaustion. Family work services are not provided for child care or domestic help needs.

Forms of family work services

- Assistance provided at home
- Group activities
- Open family work at Teppana Family Meeting Centre
address Rekitie 1, Kajaani
tel. 044 797 4717

Objectives of family work services

- To reinforce the family's own resources and functional capabilities
- To support the care and upbringing of children and youth
- To improve daily routines at home
- To support the interaction between children and parent(s)
- To expand social networks
- To provide the necessary capabilities for independent living

Other activities

- Family school:
 - Kaisu Tervonen, tel. 044 7100 200
 - Helena Saari, tel. 044 7970 245
- Supervised and supported meetings:
 - Anne Lukkari, tel. 044 710 0375

Family work services are available in all the municipalities belonging to the Municipal Consortium for the Social Welfare and Healthcare in Kainuu.

Clients and partners may request family work service directly by approaching the individuals responsible for family work teams. All requests are submitted to:

**Koivukoskenkatu 14, 4. krs,
87100 Kajaani**

**Jarkko Hanhela
Family Work Adviser
tel. 044 797 4878**

Inquiries:

**Head of Family Work Services Anne Lukkari,
tel. 044 710 0375**